



East High "Class of '56" NewsLink

June, 2014



GOOD TURNOUT IN SPITE OF WEATHER

It was a cool day, heavy rains, golf ball size hail, and then late in the afternoon it let up. We had 35 brave souls show up for the annual spring "Class of '56" dinner get-together at the Bianchi's Hilltop Restaurant.

We had a great time, "lots of conversation" reminiscing, and just an all around good time. Mostly familiar faces, some faces we had not seen for a while, but everyone blends in together. It was especially nice seeing Barbara Penn, and Jerry Smith. Both had lost their mate recently.

There were some minor mix-ups by the waitresses with the orders which we had never had before, and hopefully we won't have again. If so we might have to hunt for new quarters. We had been having good luck here at the Hilltop, with good turnouts, good food, and good waitresses.

Doyle Able confided to me that he has harbored a grudge against **Tom Abbott** for the past 57 years, because when he started school, he always figured that with a last name that started with an AB he would surely be the first to get his diploma on the stage, then along came ABB, nuff said. Hopefully, Doyle you can find it in your heart to forgive Tom.

Those in attendance were:

Kay (Edwards) & Chico Alcantar – Doyle & Sharon Able – Janeene (Miller) Carlisle – Carl Little – Bill Foster & Shirley Selover – Larry & Karen Watkins – Larry & Margaret Fogelson – Marlene (Roberts) & Dale Wheeler - Larry & Jackie Soloman – Barbara Penn & daughter Cindy Penn – Jerry Smith – Carol Adams & John Jones – Tom & Roberta Abbott – Norma (Treanor) & Bill Burke – Bob & Connie Trotter – Linda(White) & Tom Towers – John & Florita Sullivan – Janice Webber – Larry Hockersmith – Jerry & Carol Hall.

Whether you are the graduate of the class of "56" or the widow or widower of a class of "56" graduate, we want you to know that you are still welcome to any and all of our functions. In particular, **please** keep attending these spring and fall dinner get-togethers. If you have found a new companion, they are welcome as well. Maybe the friendship of your classmates or the classmates of your lost spouse can help you through some difficult times. We are not here as therapists, we just want to continue to be a part in your life, and we enjoy your company.

The following pictures supplied by Jeanne Carlisle



Sharon & Doyle Ables – Kay (Edwards) & Chico Alcantar



Barbara (Lowe) Penn & daughter Cindy



Carl Little



(Back) Carol & Jerry Hall – (Front) Norma (Treanor) & Bill Burke



Jeanne (Miller) Carlisle – Larry & Margaret Fogelson



Larry Hockersmith – Janice Webber



*Bill Foster & Shirley Selover (in their East High Shirts as usual)
The rest of us should be ashamed.*



John & Florita Sullivan – Carol Adams & John Jones

Notice-----Notice-----Notice-----Notice
The next dinner get-together will again be at:

Bianchi's Hilltop Restaurant
2820 Hubble Ave.
Monday September 29th, 2014
at 6:30 PM

MOVING IS SUCH A HASSLE

Anyone who remembers how hard it is to move would never do it again. Since my memory ain't so good, we did it. It is taking me ages to get settled in.

We moved into a never-been-lived-in condo that is 7 years old. It wasn't finished, so it required flooring, painting, closet organizing, medicine cabinets,, much more to be done. I will know we are moved in when the pictures are hung on the wall, hopefully sometime before 2015.

The last NewsLink was so much fun to read, from **Lyle Simpson's** heartening letter to and of the class, to the photo **Sarah (Nass) Struthers** sent of Wallace 6th graders. It reminded me that so many of our classmates had been together in school since kindergarten. **Lyle & Harold Olson, Don Monson** and **Arnold Erickson** are four who have remained close friends their entire lives. These kinds of bonds are not so usual today, but something to value, and I think those who have them value them even more now at our age and stage of life.

My sister **Kathleen (Graney) Finkanauer** visited me in Sarasota in January for a big family reunion, 24 of us for four days. Some found their flights were cancelled due to weather when they went to leave. Fortunately, Kathleen got back to Des Moines as scheduled.

I can remember that there were no freeways when I left Des Moines 50 years ago. Johnston and Ankeny were just cornfields. Times do change. Thank you for all you do to keep us in touch.

Carol (Graney) DeChant

ROUGH WINTER IN DES MOINES

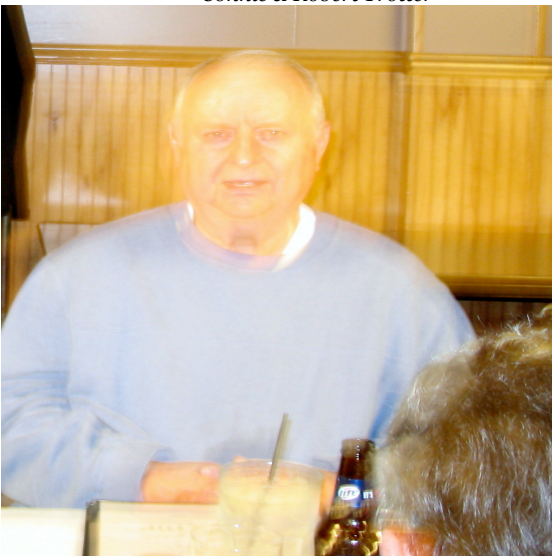
Janeene (Miller) Carlisle wrote me in Arizona in February to tell me how bad the winter had been in Des Moines. They had freezing rains, snow, and



Marlene (Roberts) & Dale Wheeler – Jackie & Larry Soloman



Connie & Robert Trotter



Jerry Smith

winds. Then they were going into the Wrestling meets, followed by the Basketball Tournaments.

She and Larry also celebrated their 55th Wedding Anniversary on Valentines Day. *(Congratulations to you both. I think 55th Wedding Anniversary's will soon be a thing of the past. No one is willing to make those kinds of commitments anymore.)*

Marlon Brando & his Biker Chick



Mevelyn (Wooderson) Richardson & Grandson Eric

Mevelyn (Wooderson) Richardson sent me a note at the beginning of the year about hoping to see **Sharon (Burriss) Howze** in Florida. She also said that it was cold in Texas, and she really enjoyed getting the Newsletter. She said she had already prepared a letter to **Bob Trotter** with a donation in it.

(I heard from Bob Trotter on how cold it was in Florida this winter – Mevelyn Richardson on being cold in Texas – Our daughter Deborah Jackson on being cold in California.)

(The Fogelson family just wants you all to know it was absolutely gorgeous in Arizona this year. From the mid to upper 70's most of the time, then the 80's and 90's before we left to come back to Iowa the middle of April. We woke up the first morning after we returned to find snow on the ground. Way to go Iowa, you really know how to make a guy feel welcome.)

Your 
PHARMACIST
Speaks


by
Thomas
Pierick, R.Ph.

MONITORING DRUG INTAKE

Many older adults take five or more prescription medications daily to lower their blood pressure, prevent heart attack/stroke, relieve pain, or slow the progression of any number of other health conditions. Thus, it should come as no surprise that an estimated 100,000 seniors are hospitalized annually due to adverse drug reactions. It is important to remember that any drug can have side effects or interact with other drugs that are being taken whether they are prescription or over-the-counter drugs. For instance, aspirin and other NSAIDs (non-steroidal anti-inflammatory drugs such as ibuprofen) can slow the elimination of immune-suppressing drugs (i.e., cyclosporine) and heart drugs (i.e., digoxin) from the body. It is therefore important to monitor drug intake.

In Loving Memoriam

Gary R Mines Feb. 2014
Phil Penn 3-26-14
Jacqueline (Fisher) Schwartztrauber 5-25-2014

Phil was married to Barbara Lowe for 53 years. They had 3 children, 8 grandkids, and 5 great grandkids.

Jackie loved camping, spending time with friends and family, and especially spoiling her grandchildren. She had one daughter, two grandchildren, three great grandchildren.

FREEDOM ROCK



The above is the original Freedom Rock located on Hwy 25 south of I-80 near Greenfield, IA. The rock is a large 60+ ton boulder. Ray "Bubba" Sorensen II got the idea to paint the rock in 1999, after seeing the movie "Saving Private Ryan". Sorensen paints the rock on his own, but gets tremendous support from his family and friends. He changes the scenes on the rock each year.

Recently Sorensen has embarked on a mission to paint a Freedom Rock in each of the 99 counties, they won't be as large as this original. He currently has 15 counties so far. He said he hoped to have the project done by 2016.

The wife and I have been there several times, and have witnessed and talked with travelers from other states stopping to take it in. In most cases they have stated that they purposely came they way to see the Freedom Rock.



Linda (White) Towers-Sharel (Tuers) Spendlove-Janeene (Miller) Carlisle

Sharel (Tuers) Spendlove was in Des Moines recently for her 55th Iowa Lutheran Nursing Reunion. Linda and Janeene got together with Sharel for a visit. Sharel sends her greetings to everyone, and says she looks forward to the 60th reunion.

(60th Wow, are we going to have one?)

TWO PAPERBOYS BRAVING THE COLD



John Tweed (14) & Larry Watkins (11) talk about wearing earmuffs when it gets near Zero back in 1949 when they carried papers. Tweed is Janeene Carlisle's cousin. Watkins is from our class of 1956.

DONATIONS TOWARD NEWSLINK

As we have said before, donations are the lifeblood of the NewsLink. Without your donations the NewsLink would cease to exist. Fortunately we have a core of donors who donate, and continue to donate on a regular basis. The NewsLink now cost over \$650.00 on an annual basis. Our class is lucky to have numerous individuals who donate on this regular basis. The latest list of donors are:

Jerry Brown – Eugene Clark – Sharon (Burris) Howze – Larry Gilliland – Janice (Holman) Green – Janet (Griffiths) Harmon – Romona (Hitchcock) Moore – Lyle Norman – Dennis Parker – Mevelyn (Wooderson) Richardson – Doris (Rasmussen) Richards – Mary Kay (Peacock) Sampson

Thank You One and All- You Continue The Flow!

PEOPLE – I NEED MATERIAL

Please send me a paragraph or two, or even a small tidbit. The NewsLink only functions when I have something to write about.

PLEASE MAIL ALL CORRESPONDANCE AND STORIES, AND ADDRESS CHANGES TO:

April to November

Larry Fogelson
3121 Twana Drive
Des Moines, Iowa 50310
Cell # 515-321-4646
Chieffog@mchsi.com

November to April

Larry Fogelson
8103 E. Southern Ave. #152
Mesa, AZ. 85209
Cell # 515-321-4646
Chieffog@mchsi.com

Please check out **Tom Lettingtons**

Web-site at WWW.ehs56.org

Tom has posted these newslinks there in color as well as other East High Materials.

Thank You Tom!!!

PLEASE MAKE ALL DONATIONS PAYABLE TO:

East High School “Class of 1956”

and mail to:

Robert Trotter
5625 Lakepoint Circle
Johnston, Iowa 50131

The fall dinner get-together will be:
Monday September 29th 2014
6:30 PM
at
Bianchi's Hilltop Restaurant
2820 Hubble Ave.

I would like to take this opportunity to thank the following people for their continuous and tireless help:

Janeene Carlisle-She calls the call committee, sends condolence cards from the class of 56, plus other things to numerous to mention.

Robert Trotter – He has proven to be an efficient Secretary – Helps Janeene and I with a watchful eye on the obituaries, plus numerous other things.

Margaret Fogelson - All the above, plus folding, stamping, stuffing the NewsLinks. She is really what keeps me on the straight and narrow.

*My sincerest and
most heartfelt
appreciation to all
of you. You are*

*what keeps me going.
Without all your
help, this
Newsletter, and the
Spring & Fall
Dinner get-togethers
would not happen
Thank You
All!!!!*